



## ITEMS TO DISCUSS AS A FAMILY

- How do we prepare ourselves? (Include practicing Drop, Cover, and Hold.)
- If there is an earthquake, where are the dangers in our home? (Falling paintings, bookshelves, TVs, picture windows, and chimneys are some potential hazards.)
- What steps can we take now to lessen hazards in our home?
- What is our plan if an earthquake or wildfire strikes while at work or school?
- How much cash should we keep in our home/wallets/backpacks? (ATM and credit card readers may be unusable.)
- Where should we keep emergency supplies? (See checklists and EPC website for ideas of items to have)
- Which out of state family and friends will we use as contacts? (Everyone needs to know contact names and their numbers!)

## LEARN MORE!

These quick checklists are not inclusive and are just the beginning of preparing your family. So many resources are available to help your family PLAN, PREVENT, and PREPARE for an emergency in Mill Valley.

## GET INFORMED

### Ready Marin

[www.readymarin.org](http://www.readymarin.org)

## GET TRAINED

**Get Ready** – a free 2-hour class to teach you how to stay safe before, during, and after a disaster.

[www.readymarin.org/get-ready](http://www.readymarin.org/get-ready)

### Community Emergency Response Team (CERT)

- an 18 hour course to train citizens to help fill the gap between a disaster or emergency and the arrival of professional services.

[www.readymarin.org/cert](http://www.readymarin.org/cert)

Emergency planning is about keeping you and your family safe, warm, and fed after a disaster. Your family members may not be in the same place when an emergency strikes, so plan now about how you will contact each other and what to do in different situations. Prepare for at least 5-7 days without outside help or utilities. When discussing your plan, include your whole household & family, as well as any caretakers. Make the plan and rehearse it regularly!

### Information is Power!

Discuss with your family and/or roommates the types of disasters that are likely to happen in Mill Valley. Discuss what you need to do in a wildfire, earthquake, flood, landslide, winter storm, or other disaster.

If you have school-age children, familiarize yourself with the school emergency plan, and let your child know that they will be cared for until you or a family member/ friend can pick them up. Let them know who you have chosen as your authorized adult for pick-up and advise the school.



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## GET READY... to Shelter at Home

In the event of a major disaster, you may need to rely on your own resources. Plan on what you will need to eat, sleep, and survive on your own - with or without shelter - for at least 5-7 days. Assemble & store supplies in a secure location outside your home – a storage bin/garbage can may be used.

### Key Categories Include:

**1. Eating & Cooking** - emergency food, paper/plastic ware, paper towels, can opener, cooking source and fuel, water purification, pet food, etc.

**2. Sanitation** - portable toilet/bucket, toilet paper, hygiene supplies, plastic garbage bags, shovel, diapers, etc.

**3. Tools** – wrench, matches, rope, axe, duct tape, tarp, fire extinguisher, flashlights, etc.

**4. Health & Safety** – water (min. 1 gal. day per person/pet), tent & sleeping bags, extra clothing & shoes, first aid kit, dust masks, safety goggles, etc.

## GET READY... to Evacuate

If a wildland fire threatens or flooding is imminent, you may need to leave your home. This can happen quickly and each family member should be ready to go. Make a small bag or backpack NOW for each family member and leave in a closet near an exit door/under the bed.

### Items to include in your evacuation bag/ backpack:

- Grab & Go Checklist
- Flashlights, radio, batteries
- List of important numbers
- Cash in small denominations
- Hygiene supplies
- Safety goggles, cotton gloves and dusk mask to protect against smoke/heat
- Extra clothing & shoes
- Items for infants, elderly, and children, pets, and special needs

## GRAB & GO CHECKLIST

Because first responders may ask you to move fast, have a Grab & Go Checklist of important daily and precious items that you can collect quickly and don't want to leave behind during an evacuation. Leave this checklist at the top of each Evacuation Bag. Priority items for your family may include:

- Wallet & cash
- Keys (including safety deposit key)
- Medications
- Eyeglasses/medical aids
- Cell phone & chargers
- Laptops, hard drives, etc.
- Important financial documents & passports
- Family jewelry/heirlooms and photos (on hard drive)
- Pets, pet leashes, and carriers

Mill Valley sits between two major fault lines. The Working Group on CA Earthquake Probabilities found there is a 72% probability of at least one earthquake of magnitude 6.7 + striking somewhere in the Bay Area before 2043.



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